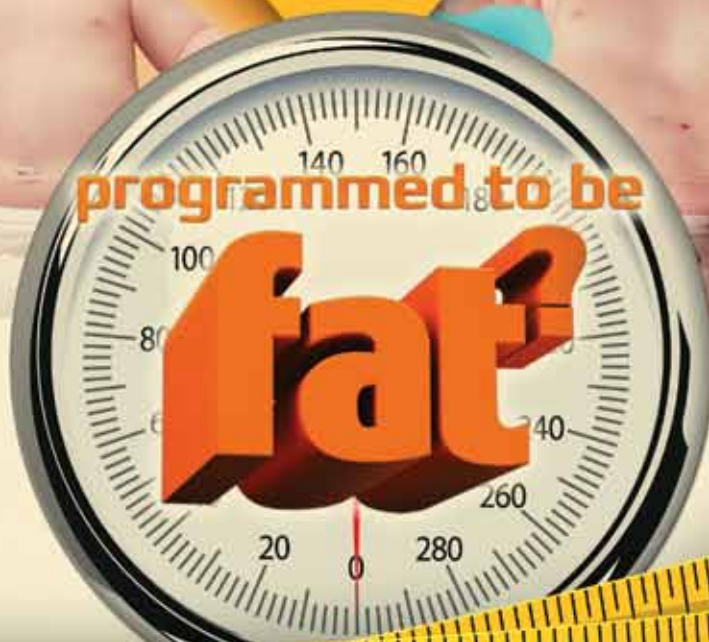




**Man-made chemicals
may be programming
us to be fat – before
we're even born!**



Over the past three decades, the developed world has become increasingly overweight, even after years of struggling to eat less and exercise more. Some scientists began to wonder whether there was another reason besides calories in and calories out, particularly when they noticed that lab animals used in experiments with chemicals were putting on weight. *Programmed To Be Fat?* explores controversial new science that suggests exposure to man-made chemicals, starting in the womb, may be triggering changes to our metabolism that result in life-long weight gain.

Endocrine disruptors are all around us – in plastic, in cans, in the water we drink, in the food we eat. They're not supposed to enter our bodies, but they do. If they're proven to cause weight gain, the implications for human health are profound. Now scientists are going beyond animal research to human population studies, testing the theory that foetal exposure to man-made chemicals is a key reason for our global obesity epidemic.

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